

# M I N O R H O C K E Y N E W S

MAR  
2009

**CONGRATULATIONS!**  
to our Atom team that placed 6<sup>th</sup> out of 7 teams at this year's Yukon Atom Championships in Dawson. Thank you to the parents that drove!

**THANK YOU!**  
to Champagne-Aishihik First Nations for the use of your van and other support for the Atom team's trip to Dawson.



**THANK YOU!**  
to all the volunteers at the Oldtimers Tournament and to the Oldtimers for the generous donations to Minor Hockey.

**WAY TO GO, PEEWEES!**  
on placing 7<sup>th</sup> out of 9 teams at the Yukon Pee-wee Championships in Teslin. Thank you to the parents who went on the trip!

**THANK YOU!**  
to Juneau, Yukon communities, the Yukon Atom Wolverines and all the players from Whitehorse for coming out to Haines Junction so far this winter to play hockey.

**EXCELLENT SHOWING, BANTAMS & MIDGETS!**  
in the Tok Midget Tournament. They placed 4<sup>th</sup> out of 8 teams. Thank you to the parents that drove!



## LAST PRACTICES

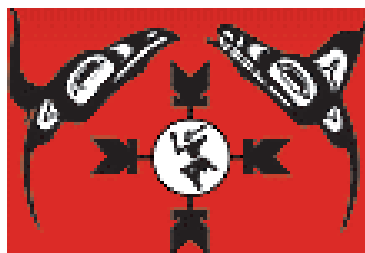
**MITES/TYKES:** Parents vs Kids - Thursday, March 5

**NOVICES:** Practices continue through spring break. Parents vs Kids - Wednesday, March 18

**ATOM/PEEWEEES:** Practices continue through spring break. Parents vs Kids Thursday, March 19

**BANTAMS/MIDGETS:** Practices continue through spring break. Tentative last practice Wednesday, March 25.

**FEMALES:** Practices continue through spring break. Tentative last practice Thursday, March 26.



Aboriginal Sport Circle, BC Hockey, HJMHA & Yukon Amateur Hockey Association present a

## FEMALE HIGH PERFORMANCE CAMP

with Scott Fraser from Fort St. John, B.C.  
**Friday-Sunday, March 6-8**

**Bill Brewster Arena For Females 10 & up.**  
Registration forms at arena.  
\$20 on or before Feb. 27,  
\$30 after Feb. 27.  
Info: Mark 634-2943

## YUKON BANTAM CHAMPIONSHIPS

**Friday-Sunday, March 6-8**  
**Teslin**

Info: Doug Hogan 390-2212

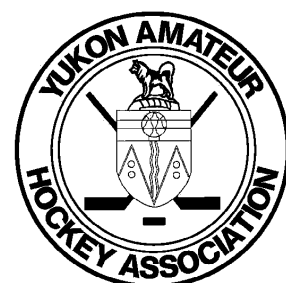
**YUKON FIRST NATIONS ATOMS VS HAINES JUNCTION ATOMS, PEEWEES & FIRST YEAR BANTAMS**  
Tentatively  
**Saturday, March 14**  
**Bill Brewster Arena**  
Stay tuned!

**CONGRATULATIONS!**  
to our Novice Huskies for putting on a great show in the Yukon Novice Spirit of 2010 Tournament!

**WHITEHORSE FEMALES VS HAINES JUNCTION FEMALES**  
**Bill Brewster Arena**  
**Sunday, March 15**  
Game 1: 10:30 am  
12 noon – Pot luck lunch  
Game 2: 2:00 pm  
Info: Val 634-2683

**HOCKEY EXTRAVAGANZA II: TOK, JUNEAU & HAINES JUNCTION**  
**Friday-Sunday, March 20-22**  
**Bill Brewster Arena**

- For Novice-Adult players
- US Players will be required to wear neck guards.
- Info: Mark 634-2943



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**ANNUAL FEMALE JAMBOREE**  
**Saturday & Sunday, March 28 & 29**  
**Bill Brewster Arena**  
 Registration Opens  
 9:30 am Saturday  
 Info: Val 634-2683

**Kilrich / Northern YUKON NATIVE HOCKEY TOURNAMENT**  
**Friday-Sunday, March 27-29**  
**Youth Division (10-13 years)**  
 If you want to be on the Haines Junction team, contact Trish tgeorge@cafn.ca or canyontrish@hotmail.com

**FOR YOUR INFO . . .**  
 Haines Junction Minor Hockey Association has implemented a new policy for road trips: If your child possesses or uses drugs, tobacco or alcohol while on this trip, their membership in Haines Junction Minor Hockey will be suspended for the rest of the season as a minimum. And if they encourage or are the instigators of a hazing or harassment incident, their membership in Haines Junction Minor Hockey will be suspended for the rest of the season as a minimum. Suspension of membership means that they can no longer participate in HJMHA practices, games or trips for the rest of the year.

**THANK YOU!**  
 to Bill Brewster for you annual donation to our awards banquet!



Register Now for the Female U14 Off-Ice Training Camp. The deadline to register for the second component of the Female U14 program is April 15, 2009. Info: <http://www.bchockey.net>

**2008-09 BC HOCKEY SCHOLARSHIPS**  
 The deadline for these scholarships for graduating high school students is April 30, 2009. Applications are at [www.bchockey.net](http://www.bchockey.net)

**Equipment Tip # 13 STICKS**

**FITTING**

A properly chosen stick is essential to developing effective puck control and shooting skills.

There are several key points to remember when selecting a stick:

- **Junior or Senior Sizing:** Junior sticks are made with narrower shafts and smaller blades for better control. It is strongly recommended that junior sticks be chosen with a straight blade. Senior sized sticks are for intermediate and older players who have the ability to comfortably control a larger stick.
- **Length:** As a rule of thumb, in street shoes, the stick should reach between the chin and the mouth of the player with the toe of the stick on the ground. While wearing skates, the butt end of the stick should reach just below the chin.
- **Blade Lie:** This is the angle of the blade in relation to the shaft of the stick and affects the angle at which the stick rises from the ice. Generally, lies are available from 4 – 8. In a "ready stance", with the stick's blade flat on the ice, there should be no gap between the ice and the bottom edge of the blade. If so, then try a different lie to remove this gap.



- **Shaft Material:** Wooden shafts provide varying degrees of flexibility. Generally, the less flexible a stick, the greater amount of strength required to effectively use it. Younger players should use sticks with greater flexibility than senior players.
- **Aluminum Sticks:** Offer a greater consistency in flex ranges and flex points.

**PROTECTIVE QUALITY**

The butt end of all sticks must be covered with tape or a commercially made butt end to prevent injuries. All aluminum sticks come with a wooden plug which must be inserted into the top of the stick and then taped.

**MAINTENANCE**

Do not store sticks near any direct heat source because they will dry out much quicker. The taping of the blade of a stick is a personal preference. The tape is meant to act as a surface which provides an increased degree of friction to aid in puckhandling. Tape the blade of a stick from the heel to the toe, covering the entire blade.

**The Yukon Novice Spirit of 2010 Hockey Tournament is a partnership of:**