

**NOVICES
vs THE MOMS**
5:30 pm
Wednesday, Dec. 12
If you want to play
goal, ask your coach!



**MITES/TYKES
vs THE MOMS**
6 pm
Thursday, Dec. 13
If you want to play
goal, ask your coach!

**TEAM YUKON
ID CAMP**
for
**2008 NATIONAL
ABORIGINAL
HOCKEY
CHAMPIONSHIPS**
Saturday & Sunday,
December 15 & 16
Takhini Arena,
Whitehorse



For Females born 1988-
1994 and Males born
1990-1994.
Info: www.yiha.ca or
668-2840

**WHITEHORSE
NOVICES
VS.
HAINES JUNCTION
NOVICES**
1:30 PM
Sunday, Dec. 16
Bill Brewster Arena
(Players are to be at arena
at 1 pm to get dressed.)

**SKATE WITH
SANTA**
1-3 pm
Monday, Dec. 24
Bill Brewster Arena



**ARCTIC
WINTER GAMES
FEMALE TRIALS**
6:45-8:15 pm
Friday, Dec. 28
Canada Games Centre
Whitehorse
Info: yaha@sportyukon.com
or 867-393-4501

THANK YOU!
to the Village of Haines
Junction, Lotteries Yukon
and the Culture, Parks &
Recreation Committee for
your CPR Grant of
\$7,894 to Minor Hockey
for ice rentals, clinics
and travel costs!

**HOMECOMING
TOURNAMENT**
Saturday, Dec. 29
Bill Brewster Arena
Info: Val 634-2683



THANK YOU to the
Kids Rec Fund and
Lotteries Yukon for
your excellent support
of Minor Hockey in
Haines Junction!



THANK YOU!
to the coaches and other
volunteers who helped with
the Watson Lake visit and
the trips to Teslin and
Juneau! And **THANK YOU**
to CAFN for the use of
the van for the Teslin and
Juneau Trips!

**WILL WE BE THE
KRAFT
HOCKEYVILLE
OF 2008?**

Are we **THE** community
in Canada that best
embodies the spirit of
hockey and hometown
pride? We've been
invited to demonstrate
the spirit of the game
and share grassroots
hockey stories to earn
the coveted title of
Kraft Hockeyville 2008.
If you want to be the
local champion who will
run with this project, let
Mark Ritchie know. More
info is at
www.cbc.ca/hockeyville

MINOR HOCKEY IN HAINES JUNCTION HAVING ANOTHER BANNER YEAR!

Minor Hockey is thriving again this year in Haines Junction. We currently have 70 kids out of about 135 students at the school registered in minor hockey, which is 50% of the school population. Our smallest divisions are Novice (7) and Bantam (7), and our largest division is Pee wee with 19 enthusiastic kids signed up. The other divisions all have solid numbers as well - Mites (10), Atom (11) and Midget (16). So when you add these 70 players with the 17 women playing in our Female Division, that translates into almost 90 minor hockey players in Haines Junction out of a population of 804. I challenge any other community in the Yukon or in the rest of Canada to have more than 10% of its population playing minor hockey!

We're also very pleased to say that Minor Hockey in Haines Junction is again an excellent cross-cultural, cross-generational and cross-gender venue. 2/3 of our players are of First Nation origin. We also get many grandparents bringing out their grandchildren for games and practices. We are also providing an excellent place for both genders to learn about hockey together, as there's an even 50/50 ratio of boys and girls in our program. We were, in fact, very proud last year when the Yukon's Canada Winter Games Hockey Teams had two of our males on the men's team and the women's team had five of our females on it, including their captain.

We also have a very dedicated group of 14 coaches for all these kids, with about 2/3 of the coaches being teenage role models. Two of our coaches could have as many as 23 Bantam/Midget players show up for a practice! And many of our coaches and other volunteers will accompany players from all divisions on road trips planned for this winter, such as to Teslin, Juneau, Watson Lake, Dawson and Whitehorse. Again this year, Haines Junction will host the Yukon Novice Invitational Tournament on February 29-March 2, when about 8 teams totalling over 120 players from around the region will challenge each other in spirited games of hockey.

One of the biggest current stories about Haines Junction Minor Hockey is the number of players from our program who are currently playing elite level hockey outside the territory. We should be very proud of where hard work and support by their parents, coaches and other volunteers has taken these dedicated players. Check out how they are doing!

- Evan Campbell - Nelson Maple Leafs (KIJHL) <http://www.nelsonleafs.ca>
- Reid Campbell - Powell River Kings (BCHL) <http://www.powellriverkings.com>
- Cam Mackinnon - Flin Flon Bombers (SJHL) <http://www.bombers.ca>
- Owen Mackinnon - Fort St. John Flyers (RAMHL) <http://www.nebcflyers.com>
- Jessica Trotter - St. Albert Rush (AMMFHL) <http://www.samha.ab.ca>

So as you can see, we've got a lot of dedicated players, coaches and volunteers in our community, making Minor Hockey alive and thriving in Haines Junction!



2008 SPECIAL EVENT SCHEDULE - Updates are underlined.

February 1-3 - Oldtimers Tournament here - HJMHA will run concession

February 15-17 - Yukon Pee wee Championships in Teslin

February 22-24 - Yukon Atom Championships in Watson Lake

February 29-March 2 - Yukon Novice Invitational Tourney here - HJMHA will run concession

March 9-15 - Arctic Winter Games in Yellowknife - www.awg2008.ca

March TBD - Female Jamboree here - Val Drummond 634-2683

March 28-30 - Yukon Native Youth Tourney in Whitehorse - Rose Kushniruk 634-2088

April 4-6 - Female Hockey Intermediate Tourney in Nelson, B.C. - Rachel Holt rholt@netidea.com

HAINES JUNCTION MINOR HOCKEY PRACTICE SCHEDULE

Monday	Tuesday	Wednesday	Thursday
Novice (Born 1999-2000) 5:30-6:30 pm	Mites/Tykes (Born 2001 and later) 6:00-6:30 pm	Novice (Born 1999-2000) 5:30-6:30 pm	Mites/Tykes (Born 2001 and later) 6:00-6:30 pm
Atom (Born 1997-98) 6:30-7:30 pm	Peewee (Born 1995-1996) 6:30-7:30 pm	Atom (Born 1997-98) 6:30-7:30 pm	Peewee (Born 1995-1996) 6:30-7:30 pm
Female [Born 1990 and earlier] 7:45-9:15 pm	Bantam/Midget [Born 1990-1994] 7:45-9:15 pm		Females vs Bantams/Midgets Game 7:45-9:15 pm

Hockey Equipment Tip #5

SHOULDER PADS

Fitting

It's important that the shoulder pads completely cover the shoulders, upper back, chest and upper arms to just above the elbow area.

The protective caps should be positioned on the top of the shoulders and the arm pads should extend to meet the elbow pads.

It is recommended that the back of the shoulder pads should overlap slightly with the pants.

The upper arm pads should fit securely around the bicep and tricep muscle areas.



Maintenance

Ensure there are no cracks or tears in any parts of the pads. Repair or replace as necessary. Check and replace any missing fasteners or rivets. Always hang dry after every session.

Helpful Hint

A player should have good range of motion while wearing shoulder pads. To test range of motion, have the player lift arms slightly above shoulder height. In this position, ensure that the pads do not dig into the neck area.

Protective Quality

The plastic cups are designed to protect the shoulder and disperse any force over a large area through the full range of motion.

Check all straps and velcro fasteners around the arms and the mid-body to ensure they are intact and do not cause discomfort. Adjust length as necessary.