



# Female Hockey Newsletter

AUGUST 28, 2009

VOLUME 1, NUMBER 1

*"Female Hockey open to all. First time trying or returning for another season don't miss out."*

## Hockey, Hockey, Hockey

It is that time of year again in Yukon. And the Yukon's female hockey programs are gearing up for another great year. The largest growth area in Canadian hockey is in the female game. Participation in girl's hockey has increased at a significant rate over the last 10 years. The success of Canada's national female team at the Olympic and World Championships combined with programs such as Esso Fun Days and the higher profile of female hockey athletes such as Hayley Wickenheiser and Cassie Campbell have all led to this success.

Yukon is no different as more and more ponytails are seen on the local rinks through out the territory. Yukon female hockey players participated in the 2007 Canada Games (CWG) and 2008 Arctic Winter Games (AWG). Teams will also be participating in the upcoming 2010 AWG and 2011 CWG. Yukon players also participated for the first time in the BC Provincial Championships in 2009 as the Northern Avalanche.

Female hockey provides memories for a lifetime, self esteem, physical activity, and many other positive experiences and life skills.

## Many Opportunities for ALL Yukon females

If you are living in Whitehorse, or in a rural community – your desire to play the game can be met. Take a look for the 2009/10 season – many rural female players have played along side Whitehorse teammates, made lasting friendships and added greatly to the success of the Yukon Female Hockey program:

- o Esso Fun Days (one day only) open to players born 1998-2003
- o Northern Avalanche Bantam Female Rep Hockey Club open to players born 1995 – 1998
- o Atom Female Hockey Team open to players born 1997-1998
- o Arctic Winter Games 2010 open to players born 1990 or later
- o Canada Winter Games open to players born 1993 - 1998
- o Whitehorse Minor Hockey League (mixed teams), Tykes – Novice - Atom - Midget divisions
- o Female specific hockey camps
- o Female High Performance Hockey Camps

### **\*\*\*Check with these Hockey Leagues for specific details**

- o Whitehorse Women's Hockey League
- o Haines Junction Minor Hockey
- o Teslin Minor Hockey
- o Dawson City Minor Hockey
- o Watson Lake Minor Hockey
- o Faro Minor Hockey

*Train Like The  
Player You Want  
To Be*

*Work Hard,  
Play Harder*

## Tryouts/Teams

### Female Hockey



The **Northern Avalanche** will have tryouts in mid to late September. The **Arctic Winter Games** team will have tryouts at various times from September to December 2009. A group of players will be identified in the fall of 2009 for the 2011 CWG team and training will begin at that time. **Whitehorse Minor Hockey** teams are typically selected by early October.

## Your Coaches

These are short bio's – all these individuals have dedicated many years to the sports and volunteering.



**Louis Bouchard** - NCCP Development 1 certified, High Performance 1 Candidate, Level 3 Theory certified, Speak-out, Respect in Sport, Hockey Canada Safety Program Certified. I have been coaching different sports (soccer, Handball, Football, etc.) for over 20 years and hockey for 5 seasons. I believe that kids deserve a chance to have fun while they improve in their sport.  
Great players are made when no-one is keeping score.



**Kelly Eby** - Hockey Coaching Experience

- Head Coach, Pee Wee House League, WMHA, 1987/1988
- Assistant Coach, Yukon Female Bantam, WMHA, 2008/2009

Other Coaching Experience

- On Ice Assistant, Little Rockers Curling Program, Whitehorse Curling Club, 2003/2004
- On Ice Assistant, Little Rockers Curling Program, Whitehorse Curling Club, 2004/2005

Certifications: Hockey Canada Safety Program, Speak Out, Respect In Sport, NCCP Development 1 certified, Level 3 Theory certified.



**Megan Moore** – Goalie  
Arctic Winter Games – Canada Winter Games – Bio to follow.

## Program Support



**Laura Eby**- Team manager for Northern Avalanche, AWG and CWG. Born and raised Yukoner, with over 20 years of sport volunteer experience. Married and head cheer leader (mother) of 2 very active girls.

## Suggestions

This is your Newsletter, if you have ideas or suggestions on items that would be of interest, or would like to contribute - please drop a line. For future issues we are trying to establish sending out via email

Contact Miriam Smith – YAHA, Director - Female Hockey –  
[miriam.smith07@gmail.com](mailto:miriam.smith07@gmail.com) (867) 633-6306



**Haines Junction Players –**  
Dedication to the game –  
Parents and players, car  
pooled, worked together and  
represented Team Yukon with  
pride during the Whitehorse  
Canada Winter Games 2007.  
Team Roaster included many  
players from Yukon  
Communities.

